



Irene Occupational and Speech Therapist (IOST) Main Practice

COVID-19 Rules and Regulations

04/05/2020

All staff, clients and members of the public must please take not of the following COVID-19 Rules and Regulations.

Occupational Therapy and Speech and Language therapy is a **permissible service** under Level 4 Alert restrictions, categorised under Medical Services. This includes all independent practitioner members (as per member agreement) of Irene Occupational and Speech Therapists (IOST) association as well as essential support staff, which includes cleaning services.

As healthcare providers, it remains our responsibility to ensure the safety of everyone in our care, including our clients, staff and any visitors to our premises. IT is also our professional duty to minimise the spread of infection and practice according to the guidelines and protocols expected by law. We appreciate your cooperation as we implement infection control measures to ensure the safety and health of all those at Irene Occupational and Speech Therapy. Anneke Kruger, Occupational Therapist has been appointed our COVID-19 Compliance Officer.

The following precautions have been set in place:

1. Setting up of appointments:

- Each client will have a letter of appointment sent to them by their therapist stating the date and time of the appointment. This letter serves as travel permit. This letter must also be shown to the security guard at Irene Close office park, who will only allow people with letters access to the property. The letter may be displayed on your cell phone.
- Appointments will be limited to available therapy rooms/spaces according to our practice's phased return to work schedule. Please arrive on time for appointments to ensure proper adherence to pre-screening and hygiene protocols.

2. Screening and access to the premises

- Therapists are required to screen the temperature of each person entering the therapy space and will need to sign an attendance register.
- A letter of declaration of health will be available at the entrance and must be completed before each session and handed to your therapist.
- If a child or family member is experiencing flu-like symptoms, it is requested that you do not bring your child for therapy that day.
- If a therapist has flu-like symptoms, she will cancel all therapy sessions.
- If any member of staff or the public have any concerns about risk of infection to any person entering the premises, it must be immediately reported to the COVID-19 Compliancy Officer.

3. Social distancing:

- Only one parent or family member will accompany the child to therapy.
- Clients are allowed to use the restroom but preferable not unnecessarily move around in common spaces and private therapy spaces.
- Use of the kitchen is currently not permissible to members of the public
- No parents or clients will wait in the waiting room. Therapists will meet you in the parking lot. If a client needs to use the waiting room - for instance to visit the restroom before or after their session- we recommend they only enter if the waiting room is empty. If there are already 2 people in the waiting room, clients should wait outside
- Parents may attend the therapy session. Please adhere to social distancing meas If they do not sit in on therapy, parents are requested to wait in their vehicles. The therapist will meet you at your vehicle to give feedback

4. Hygiene:

- On entrance, all clients and parents will sanitise their hands. The therapists will also ensure proper handwashing of the children at the end of the session as well.
- Cleaning staff will adhere to a strict cleaning regime on a daily basis.
- Additionally, the therapy surfaces will be sanitised before and after each therapy session.
- Tissues and sanitiser will be available during the therapy sessions and can be used if the therapist and client need to touch each other during the session.
- Facemasks should be worn at all times by therapists, parents and clients.

Please note that although we will take every precaution, neither Irene Occupational and Speech Therapy nor your child's therapist can be held liable for any person attending therapy who contracts Covid-19.

Please note that this document was compiled making use of published regulations available on 03/05/2020 and may need to be amended where needed in lieu of any changes in regulations.

Members of the public and authorities are allowed access to our Workplace Plan document (according to Regulation 16(6)(b)) on request.

Please contact the COVID-19 Compliance Officer with any queries related to this document



03/05/2020

Anneke Kruger

Date:

COVID-19 Officer for Irene Occupational and Speech Therapy

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